

ALCOHOL USE DISORDERS IDENTIFICATION TEST (AUDIT)

Patient's Name: _____ Gender: _____ DOB: _____

Please circle the answer that is correct for you.

1. How often do you have a drink containing alcohol?

Never (0) Monthly or less (1) 2-4 times a month (2) 2 – 3 times per week (3) 4 or more times a week (4)

2. How many drinks containing alcohol do you have on a typical day when you are drinking? A drink is defined as 12 oz beer, 5 oz wine, or 1.5 oz liquor.

1 or 2 (0) 3 or 4 (1) 5 or 6 (2) 7 to 9 (3) 10 or more (4)

3. How often do you have six or more drinks on one occasion?

Never (0) Less than monthly (1) Monthly (2) 2 – 3 times per week (3) 4 or more times a week (4)

4. How often during the last year have you found that you were not able to stop drinking once you had started?

Never (0) Less than monthly (1) Monthly (2) 2 – 3 times per week (3) 4 or more times a week (4)

5. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

Never (0) Less than monthly (1) Monthly (2) 2 – 3 times per week (3) 4 or more times a week (4)

6. How often during the last year have you had a feeling of guilt or remorse after drinking?

Never (0) Less than monthly (1) Monthly (2) 2 – 3 times per week (3) 4 or more times a week (4)

7. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never (0) Less than monthly (1) Monthly (2) 2 – 3 times per week (3) 4 or more times a week (4)

8. Have you or someone else been injured as a result of your drinking?

No (0) Yes, but not in the last year (2) Yes, during the last year (4)

9. Has a relative or friend, or a doctor or other health worker, been concerned about your drinking or suggested you cut down?

No (0) Yes, but not in the last year (2) Yes, during the last year (4)

Patient's signature: _____

CLINICIAN: Points values for each answer are contained in the parentheses. TOTAL SCORE:

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